



Learning Objectives

- Explain principles of immunosuppression and historic and current standards of care for graft-versus-host disease (GVHD) prophylaxis and therapy in the setting of allogeneic stem cell transplantation.
- Identify risks of adverse outcomes due to GVHD after allogeneic transplantation as well as the risks and side effects of commonly used immunosuppressive medications.
- Describe how advances in T cell biology and signaling are leading to the discovery of novel approaches to immunosuppression that are likely to be translated to the clinical arena.

My center most commonly uses which of the following regimens to prevent GVHD:

- A. Tacrolimus combined with methotrexate (MTX)
- $B. \ Cyclosporine \ combined \ with \ methotrexate \\$
- C.Tacrolimus combined with sirolimus
- D.Cyclosporine combined with mycophenolate mofetil (MMF) $% \left(MMF\right) =0$
- E. Other













ARS question: Which of the following is considered the standard of care for first line treatment of acute GVHD?

- a) Methylprednisolone 10 mg/kg/day
- b) Prednisone 0.5 mg/kg/day
- c) Methylprednisolone 2 mg/kg/day
- Methylprednisolone 2 mg/kg/day plus mycophenolate mofetil 15 mg/kg BID
- e) Prednisone 2.5 mg/kg/day plus pentostatin 1.5 mg/m²/day on day 1,2,3,15,16,17

ASBMT acute GVHD treatment guidelines Martin P, et al, Biol Blood Marrow Transplant. 2012;18:1150-1163

 First line: The use of 6-methylprednisolone or prednisone alone...remains the standard of care for initial treatment of acute GVHD. The survival and

response data from studies combining the use of other immunosuppressive agents together with glucocorticoid treatment do not support this approach as the standard of care.

 Second-line: Enrollment in well-designed clinical trials should be encouraged, since no standard, effective second line therapy for steroid-refractory acute GVHD has been identified, and since no treatment has been definitively demonstrated to be superior to any others.

Categor	y Definition	
Strength	of the recommendation	
A	Should always be offered.	
В	Should generally be offered.	
c	Evidence for efficacy is insufficient to support a recommendation for or against, or evidence for efficacy might not outweight adverse	
	consequences, or cost of the approach. Optional,	
D	Moderate evidence for lack of efficacy or for	
	adverse outcome supports a recommendation	
	against use. Should generally not be offered.	
E	Good evidence for lack of efficacy or for adverse outcome supports a recommendation against use. Should never be offered.	
Quality	of evidence supporting the recommendation	
1	Evidence from ≥1 properly randomized, controlled trial.	
	Evidence for ≥1 well-designed clinical trial without	
	randomization, from cohort or case-controlled	
	analytic studies (preferable from >1 center), or	
	from multiple time series or dramatic results	
	from uncontrolled experiments.	
	Evidence from opinions of respected authorities based on clinical experience, descriptive.	
Qualifier	for categories I and II	
	Evidence derived directly from study(s) in graft-versus-host disease.	
b	Evidence derived indirectly from study(s) in analogous or other pertinent disease.	

Graft-versus-Host Disease (GVHD): First-Line and Topical Treatment of Chronic GVHD					
Table 4. First-L	Dani Gerhard C. Hi Gerard ine Treatment O Recommendation (dation number	el Wolff, Idebrand Socie, ⁸ S ptions in c	¹ Armin Gerbitz, ² Francis Ayuk; It, ¹ Georgia B. Vogelsang, ⁵ Shan teven Z. Povletic, ⁹ Ernst Holler, :GVHD	⁹ Alexander Kiani, ⁴ on Elad, ⁶ Anita Lawitschka, ⁷ ¹ Hildegard Greinix ¹⁰	
Agent	of references)	Evidence	Side effects	Comments	
Steroids	A [16-18]	'	Osteoporosis, avascular necrosis of the bone, diabetes	Important but need to spare steroids because of side effect profile, generally sufficient in primary treatment of mild GOVHD as single agent, may be used in combination with CNI in moderate or swere GOVHD.	
CNI	C [16,17]	Ľ.	Renal toxicity, hypertension	Only be used in combination with steroids, spares steroids lower rate of avacular necrosis of the bone, may be considered in combination with steroids in primary treatment of severe cGVHD as well as in CNI dependent moderate cGVHD	
			GI complaints, infectious and relapse risk	Failure to improve efficacy in a randomized trial documented	
MMF in triple agent combinations	D [19]				
MMF in triple agent combinations Azathioprine	D [18]		Hematologic toxicity, infectious risk	Adverse outcome in a randomized trial in combination with steroids	











GVHD Therapy: many trials, little progress

- Standard of care in GVHD prophylaxis (calcineurin inhibitors (CNI) + methotrexate) defined in 1986 (articles by Storb and Thomas in *Blood, NEJM*)
- · Steroids remain the mainstay of primary therapy for GVHD.
- Some progress with novel agents, though many have proven efficacious yet toxic.
- Patients almost always die of infection rather than GVHD-related end organ damage.
- Can we identify potential approaches to selectively target alloreactive T cells while sparing pathogen and cancer-specific memory cells?

Review of recent trials of alternate regimens

- Recent Randomized Controlled Trials (RCT) of GVHD Prophylaxis:
 - CTN0402 (tacrolimus/MTX vs. tacrolimus/sirolimus)
 - Randomized trials adding sirolimus to CNI-based GVHD prophylaxis for patients with lymphoma
- RCT of standard vs. lower starting steroid dose for acute GVHD

ARS Question

Sirolimus (rapamycin):

- A. May cause thrombotic microangiopathy/thrombotic thrombocytopenia purpura and hyperlipidemia
- B. Has been proven superior to methotrexate (when combined with tacrolimus)
- C. May spare regulatory T cells capable of suppressing GVHD
- D. Improves overall survival when added to either tacrolimus/ methotrexate or cyclosporine/MMF after allogeneic transplantation for lymphoid malignancies
- E. Answers A and C

Sirolimus (rapamycin)

- Naturally occurring compound isolated from *Streptomyces hygroscopicus* on Easter Island (Rapa Nui).
- A Canadian expedition collected soil samples in 1964; Ayerst's microbiology department isolated sirolimus in 1972.



rom Corey Cutler, DFCI

- Properties:
 Antifungal
 Antiviral
 Antineoplastic
- Immunosuppressive

































RCT with Sirolimus: Conclusions

- Despite compelling intellectual and preclinical rationale, randomized trials substituting sirolimus for methotrexate/MMF have not demonstrated superiority (at least in terms of progression free survival/overall survival)
- There is a suggestion of benefit in secondary endpoints (e.g., grade 2 GVHD) but also some toxicities (thrombotic microangiopathy/ Thrombotic Thrombocytopenia Purpura, hyperlipidemia)
- $_{\circ}$ >25 years later, no prophylaxis strategy better than CNI/MTX
- Can we identify potential approaches to selectively target alloreactive T cells while sparing pathogen and cancer-specific memory cells?

ASBMT acute GVHD treatment guidelines

Martin P, et al, Biol Blood Marrow Transplant. 2012;18:11500-1163

 $_{\circ}~$ Prophylaxis using cyclosporine A or tacrolimus, in addition to methotrexate (MDACC: 5 mg/m² on d +1, +3, +6, ± 11)

Initiate methylpredinisolone (2 mg/kg) for documented acute or chronic GVHD, taper based on response and other clinical manifestations

No standard of care beyond first-line therapy (other agents include infliximab, daclizumab (no longer available in the U.S.), anti-thymocyte globulin (ATG))

Standards of care for GVHD

 First line: The use of 6-methylprednisolone or prednisone alone...remains the standard of care for initial treatment of acute GVHD. The survival and response data from studies combining the use of other immunosuppressive agents together with glucocorticoid treatment do not support this approach as the standard of care.

 Second-line: Enrollment in well-designed clinical trials should be encouraged, since no standard, effective second line therapy for steroid-refractory acute GVHD has been identified, and since no treatment has been definitively demonstrated to be superior to any others. Which of the following regimens does your center use as first-line treatment of acute GVHD occurring despite prophylaxis (in a patient presenting with both skin and lower GI GVHD):

- A. Steroids (equivalent of prednisone 0.5 mg/kg/day)
- B. Steroids (equivalent of prednisone I mg/kg/day)
- C. Steroids (equivalent of prednisone 2 mg/kg/day)
- D. ATG or other biological therapy
- E. Steroids combined with another agent

Efficacy and Safety of Lower-Dose Glucocorticoids for Initial Treatment of Acute GVHD: A Randomized Controlled Trial

> Marco Mielcarek, MD Fred Hutchinson Cancer Research Center University of Washington Seattle, WA







Summary

- Primary endpoint (≥ 33% ↓ of day-42 AUC) not reached
 Due to evolving practice of rapid prednisone taper in responding patients treated initially at higher dose
- Grade IIa at onset + lower initial dose (0.5 mg/kg/d)
 Safe and effective
- Grade IIb-IV at onset + lower initial dose (1 mg/kg/d)
 - Increased risk of requiring 2° systemic immunosuppressant therapy without adversely affecting survival
 Rash > 50% BSA associated with increased risk of 2° therapy

Mielcarek M, et al. Blood. 2013;122: 703 (Abstract)

 No statistically significant differences in risks of NRM, relapse, OS or toxicity metrics

NRM - non-relapse mortality
OS - overall survival

Dose for Newly Diagnosed acute GVHL				
GVHD Grade at Onset	Initial Prednisone Dose (mg/kg/d)*			
lla ("upper gut syndrome")				
≥ IIb (rash ≤50% BSA)	I			
≥ IIb (rash >50% BSA)	Consider 2			









































Promising SCT graft manipulation strategies

- Regulatory T cell therapy (e.g., Blazar, et al., U of MN) is safe and may have therapeutic benefit
- Chimeric antigen receptor (CAR) therapy uses engineered T cells directed at specific tumor targets (June, et al., Penn; multiple other groups treating ALL, CLL, NHL, others)

ARS question: Which of the following modalities has been shown to decrease the cumulative incidence of grade II to IV acute GVHD in phase I/II trials?

- A. Selumetinib
- B. Vorinostat
- C. Chimeric antigen receptor (CAR) infusions
- D. Pentostatin
- E. None of the above

Targeting Deacetylases As a Novel Strategy for Prevention of Acute Graft Versus Host Disease

- Sung Choi, M.D.
- Blood and Marrow Transplantation Program
- University of Michigan

















Conclusions

- Safe & feasible to administer vorinostat (D-10 thru D100) at a dose that inhibited histone deacetylase activity & had good bioavailability.
- Correlative laboratory data were consistent with experimental studies.
- Vorinostat combined with standard GVHD prophylaxis reduced the cumulative incidence of grade 2–4 acute GVHD by D100.
- Demonstrate translation of our experimental observations into a phase I/II clinical trial of GVHD prevention.



























































- We have identified an approach that may selectively target cells that can cause GVHD while sparing cells that protect patients from potentially lethal infection
- Drugs developed with another rationale (in this case, safely used to treat melanoma and other solid tumors) may be repurposed for benefit in SCT

Summary

- We have seen dramatic advances in systems biology, cellular therapy and immunology, but to date these have not significantly influenced therapeutic approaches, including for GVHD.
- Novel approaches including cellular therapies and novel targeted agents are likely to yield more selective immunosuppression
- Controlled studies of novel approaches will be required, with the likelihood that we will be able to more selectively prevent and more effectively treat acute and chronic GVHD.

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